***Foods Safety!***

**OVEN**

* Hot – could burn you
* Use oven mitts or pot holder – NEVER use a towel and ESPECIALLY never use a wet towel
* To use – open the door ALL THE WAY and pull out the rack PART WAY – put food onto rack – push rack in then close the oven

**STOVE**

* Hot – could burn you
* Put pots and pans onto elements – have handles pointing INWARDS so you don’t bump them

**FIRE**

* On stove top – turn off element
* Smother flames using the lid
* If it is an oil/fat fire you can use salt or baking soda to smother the flames do NOT use water or flour – they will explode at you

**BURNS**

* Rinse under cool water
* Alert the teacher
* Steam burn – DON’T put hand over open steam (from kettle or pot)



**APPLIANCES**

- Unplug using the PLUG do NOT pull on the chord

- Watch for frayed chords and alert teacher

- Microwave

- NEVER put aluminum foil or metal objects in the microwave

**KNIVES**

* Walk like how you do with shears in textiles
  + Knife point facing down, go slow
* When cutting pay attention to what you are doing
* Don’t put into a sink of water – dishwasher needs to know what is in the sink – leave on counter and they can do the dish when ready

**CUTS**

* Rinse under cool water
* Apply pressure and raise the wound
* Alert the teacher and get a bandaid

**GERMS**

* Clean everything properly – hands/dishes/food
* Use hot soapy water
* Wash for at least 20 seconds or the length of happy birthday
* Don’t cross-contaminate by washing knives/cutting boards between uses
* Don’t be touching your face/hair a lot while cooking
* Sneeze/cough into elbow!

**SPILLS**

* Clean it up IMMEDIATELY – use towels
* Alert others to spills
* Avoid spilling by going slow, don’t fill water to brim, don’t put items filled with liquid close to the edge of tables

**CHOKING**

* CHEW YOUR FOOD
* Take small bites
* Tell the teacher immediately if someone is choking

**PEOPLE**

* Can be distracting
* Pay attention to what you are doing
* Be careful when walking with heavy, hot or sharp objects
* No music, no shoving, put backpacks under table



**BROKEN DISHES**

* Use a broom and dustpan to collect large pieces – then use damp PAPER TOWEL to collect little splinters
* Why not a cloth – could get caught in cloth and cut you later – paper towel gets thrown out
* Be careful carrying dishes and putting dishes into the sink

**ATTIRE**

* Hair tied back
* Apron on
* No loose clothes – sleeves pushed up

**HOW TO ACT DURING EARTHQUAKE/FIRE DRILLS**

* Stay calm
* Turn off all stoves/ovens
* Close all doors and windows when leaving room
* Unplug all electrical equipment
* Stay together

**Then we can be a happy and safe class.**